

# P<sup>o</sup>is

Helping you bring all the pieces together

When diagnosed with a life threatening illness your world may seem to fall apart. There are many questions that may have no immediate answer. It will be difficult to know what to expect, what the next step should be, or who to turn to for help.

P<sup>o</sup>is was established to overcome these difficulties helping you and your loved ones to bring the pieces together.

P<sup>o</sup>is provides information on the wide range of support services available to people with life limiting illnesses and their families. We can also give you the contact details for local service providers in your community.

P<sup>o</sup>is is staffed by experienced professionals who understand the impact of life limiting illness on you, your carer, friends and family. Our counsellors are qualified to help families adjust to changing life circumstances. We offer practical, emotional and spiritual support, and together we can help you prepare for the times ahead.

**karuna**  
HOSPICE SERVICES  
ABN 28 055 211 473

*...a community of compassionate care*



\*OJO Images Ltd

Freecall: **1800 772 273**  
9am-5pm weekdays

- understands the impact a life threatening diagnosis can have on families
- helps you adjust to the changing circumstances brought about by a life limiting illness
- provides a supportive 'ear' if you want to talk, with a counsellor or spiritual carer
- provides advice for accessing carer respite, financial information and other practical assistance families may be eligible to receive
- helps locate appropriate nursing support, especially for those wishing to be cared for at home

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email: [info@pcis.org.au](mailto:info@pcis.org.au)

**[www.pcis.org.au](http://www.pcis.org.au)**

Pcis - Palliative Care Information Service